

## 糞便採集注意事項

### Instructions for specimen collection of stool examination

#### 採集步驟：

#### Procedures of specimen collection：

1. 旋下瓶蓋(上附標本採集棒)。  
Remove the container cap, which is attached with a sampling stick.
2. 以採集棒在糞便上挖取不同位置之糞便檢體。  
Sample the stool at different sites by the sampling stick.
3. 糞便大小約一粒”花生米”大小即可，並請將糞便裝於瓶內。  
The adequate amount of stool is about a “peanut-sized” pellet. Please put the sampled stool into the container.
4. 旋回瓶蓋。  
Seal the cap.

#### 注意事項：

#### Note：

1. 糞便在放入於瓶內時，請注意勿使糞便檢體污染瓶外。  
While putting the sampled stool into the container, please be careful not to contaminate the outer surface of the container.
2. 不能馬上送檢時，請暫存於冰箱冷藏，請勿冷凍。  
If your stool specimen cannot be delivered to the laboratory in time, please keep the sample in 4°C (maximal 6 hours) and do not freeze it.
3. 採便前兩天起儘量勿食用血肉類食物，如豬肝、豬血、維他命、鐵劑...等，以免影響潛血檢驗結果。  
To avoid an incorrect result of occult blood assay, please refrain from food that contains blood or bloody meat two days before the examination, such as pig liver, pig blood, vitamin supplement (especially Vit. C), iron supplement, etc.
4. 請勿採集已排入馬桶中的糞便。  
Please do not sample the stool which had been dumped into the toilet.
5. 糞便檢體不能用衛生紙包裹送檢。  
The stool specimen wrapped with tissue paper will be rejected.
6. 若做阿米巴原蟲檢查，大便必須保持在 37°C 並立刻送檢。  
Stool sample for amoeba examination should be kept in a temperature of 37°C and sent to the Laboratory immediately ( $\leq 1$  hour).

※ 如對尿液檢驗有任何疑問請電洽：

【(02) 28587156；檢驗科】

※ Any question about the specimen collection or storage, please contact us.

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