

抽血注意事項

Instructions for receiving phlebotomy

1. 對於醫師囑咐「禁食」後方可抽血之檢驗項目，病人須在空腹 6 小時~8 小時後抽血。

For the assays need fasting as instructed by the doctor, the patients must fast for 6-8 hours before receiving phlebotomy.

2. 抽血完畢後，病人須以手指緊壓抽血位置上之棉球 10 分鐘，不可以搓揉，以免造成血腫淤青現象。

After the phlebotomy is performed, the patient must press the cotton ball on the phlebotomy site for 10 minutes.

3. 如抽血部位發生血腫或淤青現象，大部分原因是由於壓迫時間不夠或壓迫位置不對所致。第一天先稍作冰敷消腫，24 小時以後再作熱敷。

If bruise or hematoma develops, the major causes are insufficient time of pressing or press on the incorrect site.

The management is ice pack to decrease the swelling at the first day, and hot pack is suggested to increase the circulation after 24 hours.

※ 若有任何疑問請電洽：

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