

尿液採集注意事項

Instructions for specimen collection of urine examination

※ 一般尿液檢驗採集步驟：

※ specimen collection procedures for **Urine routine**:

1. 用紙杯接取中段尿液(前段尿液不要用紙杯接)。

Collect the mid-stream urine with a paper cup (discard the first-stream urine)

2. 將紙杯尿液倒入尿液收集管內約八分滿(10 cc)。

Pour the urine collected into the urine collection container provided by lab. (About 8/10 volume of container, i.e. 10cc)

※ 尿液細菌培養檢驗採集步驟：

※ Specimen collection procedures for urine **Bacterial culture**.

1. 以無菌塑膠容器直接接取 20~30cc 中段尿液。(不能排尿於紙杯後再倒入)

Drain the mid-stream urine (about 20~30 cc) directly into the sterile plastic container. (Please do not transfer the urine specimen from an unsterilized container.)

※ 注意事項：

※ Note:

1. 飯後一小時內應避免作尿液採檢。

Collecting urine sample within one hour after having meal should be prohibited.

2. 婦女正值月經週期間，原則上應避免作尿液檢查。

To avoid contamination, female patients are advised against taking urine examination during menstruation.

3. 尿液取檢後，請在一小時內送達檢驗科。

Deliver your urine sample to the Laboratory within 1 hour after collection.

4. 若尿液檢體無法即時送至檢驗科時，請把尿液放於 4°C 冰箱保存。

If the specimen cannot be delivered to the laboratory in time, please keep the sample in 4°C (maximal 24 hours).

※ 如對尿液檢驗有任何疑問請電洽：

【(02) 28587156；檢驗科】

※ Any question about the specimen collection or storage, please contact us.

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